



# Teachers' Notes

Curricular links to Health Education 5-14 National Guidelines and RSE Guidelines

Attainment outcome: Taking responsibility for health		
LEVEL B		
STRAND	ATTAINMENT TARGET	RSE GUIDELINES
<p><b>Physical health</b> This strand explores physical factors in relation to our health and looking after ourselves.</p>	<p>Identify a range of ways of keeping safe e.g. safe road use.</p>	<p>Green Cross Code.</p>

## Teaching Background Information

The Green Cross Code is a procedure to help us cross roads more safely. The six Green Cross Code rules are as follows.

The Green Cross Code
<ul style="list-style-type: none"> <li>➡ Think first. Find the safest place to cross, then stop.</li> <li>➡ Stop. Stand on the pavement near the kerb.</li> <li>➡ Use your eyes and ears. Look all around for traffic and listen.</li> <li>➡ Wait until it is safe to cross. If traffic is coming, let it pass.</li> <li>➡ Look and listen. When it is safe, walk straight across the road.</li> <li>➡ Arrive alive. Keep looking and listening for traffic while you cross.</li> </ul>



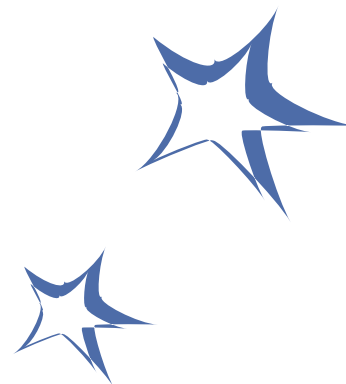


## Teachers' Notes

- ➔ The Green Cross Code is not just for children – everyone can benefit by using it.
- ➔ Where there are appropriate crossings e.g. pelican crossings, pedestrians should use these.
- ➔ Where there are appropriate people to help e.g. lollipop person (school crossing patroller), pupils should use their help to cross the road safely.
- ➔ If there are no such crossings or people to help, pupils need to decide whether it is a road they could safely cross using the Green Cross Code. If it is not, they should rely on a known adult or responsible older sibling for assistance.
- ➔ Finding a safe place to cross is very important. Where possible choose an area away from parked cars, busy junctions, blind bends and hills. Make sure that you can see clearly both ways.
- ➔ If you carry out the Parent/Guardian Information and Task Sheet, you may want to order copies from the DfT of the leaflet '*Get Across Road Safety: An Essential Guide for Parents with Children in the Age Zone 7-10*'. You could give this leaflet out to parents. This leaflet is in the 'Additional Resources' folder.

### Useful Websites

[www.hedgehogs.gov.uk/arrivealive/walking/walking2.htm](http://www.hedgehogs.gov.uk/arrivealive/walking/walking2.htm)





# Suggested Lesson Plan

## Aims

- ➔ To identify a way of keeping safe on the road: the Green Cross Code.

## Learning Outcomes

- ➔ Knowledge of the Green Cross Code.
- ➔ Understanding of the importance of using the Green Cross Code.
- ➔ Demonstration of how to apply the Green Cross Code.

## Resources

- ➔ Worksheets B2a, b, c – The Green Cross Code. Worksheet B2c should be photocopied to A3 size.
- ➔ Glossary.
- ➔ Word Flashcards.
- ➔ Parent/Guardian Information and Task Sheet.
- ➔ *Arrive Alive – A Highway Code for Young Road Users (DfT)* (in the 'Additional Resources' folder).
- ➔ *A2 "Arrive Alive" poster – The Green Cross Code (DfT)*.
- ➔ *A4 Green Cross Code posters (DfT)*.
- ➔ Leaflet for parents – *Get Across Road Safety: An Essential Guide for Parents with Children in the Age Zone 7 – 10 (DfT)* (in the 'Additional Resources' folder).



## Suggested Timing

- ➔ 60 minutes.



# Suggested Lesson Plan



## Suggested Development of Lesson



- ➔ Introduce and discuss any of the Green Cross Code posters with the pupils.
- ➔ Set up a "pretend" road in the classroom or hall and act out how to properly use the Green Cross Code to cross the road. Children could be involved in making the "road" and appropriate vocabulary could be introduced and reinforced.
- ➔ Distribute Worksheet B2a, B2b or B2c (photocopied to A3 size) as appropriate to the children to complete.
- ➔ Distribute Parent/Guardian Information and Task Sheet. You may also want to hand out the leaflet to parents.

## Curricular Links

- ➔ Expressive Arts – Drama: Investigating and experimenting.

## Assessment

- ➔ Observation of pupils using the Green Cross Code to cross the "pretend" road.
- ➔ Correct completion of worksheet (see answers).



# Homework for Parents

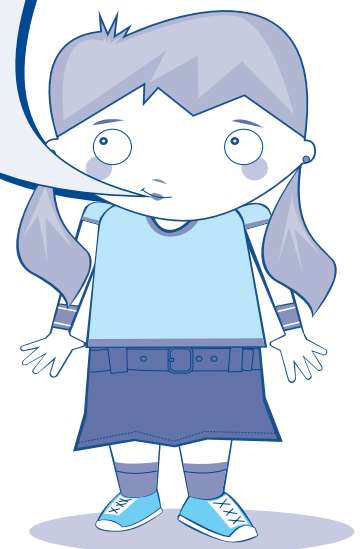
- ➔ The Green Cross Code is a guide for everyone. It helps us to cross the road safely.
- ➔ In school your child has been learning the 6 steps of the Green Cross Code, which are as follows:

## The Green Cross Code

- 1. Think first. Find the safest place to cross then stop.**
- 2. Stop. Stand on the pavement near the kerb.**
- 3. Use your eyes and ears. Look all around for traffic and listen.**
- 4. Wait until it is safe to cross. If traffic is coming let it pass.**
- 5. Look and listen. When it is safe, walk straight across the road.**
- 6. Arrive alive. Keep looking and listening for traffic while you cross.**

## Tasks to do

- ➔ Go for a walk together and talk about the Green Cross Code. Show good examples of using it. This will help your child see safe and unsafe traffic situations.
- ➔ Make sure your child understands the importance of the word **STOP**.
- ➔ Ask your child simple questions about the Green Cross Code e.g. what is the first step in the Green Cross Code?
- ➔ Your child could test you on the Green Cross Code by asking some simple questions.





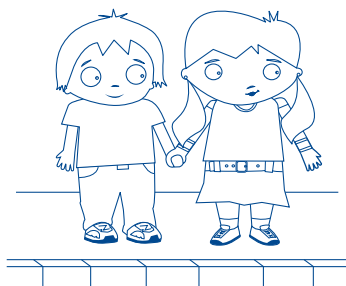
Name: \_\_\_\_\_ Date: \_\_\_\_\_

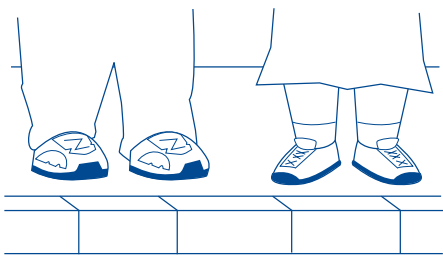
**AIM:**  
You are going to learn about  
the Green Cross Code.

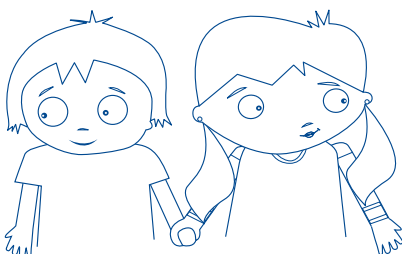
These six pictures show  
the Green Cross Code

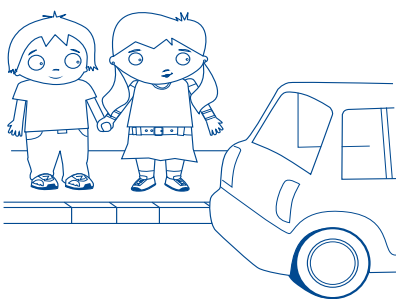
**a e i o u**

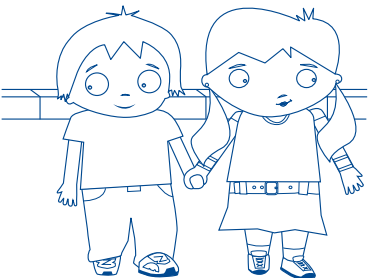
**TASK** 1. Fill in the gaps using these letters

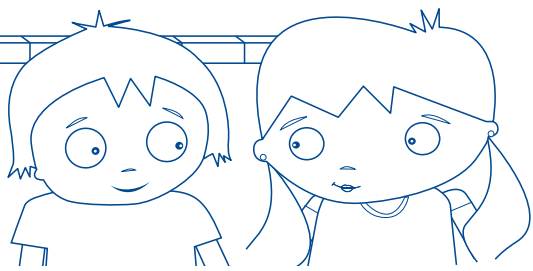
**1**   
Th\_\_nk f\_\_rst. Find the s\_\_f\_\_st  
place to cr\_\_ss then st\_\_p.

**2**   
Stop. Stand on the p\_\_v\_\_m\_\_nt  
near the k\_\_rb.

**3**   
Use your \_\_y\_\_s and \_\_rs. L\_\_k  
all around for tr\_\_ff\_\_c and l\_\_st\_\_n.

**4**   
W\_\_t\_\_nt\_\_l it is s\_\_f\_\_ to cr\_\_ss.  
If tr\_\_ff\_\_c is coming let it p\_\_ss.

**5**   
L\_\_k and l\_\_st\_\_n. When it is s\_\_f\_\_,  
w\_\_lk str\_\_ght across the r\_\_d.

**6**   
Arrive \_\_l\_\_v\_\_. Keep l\_\_k\_\_ng  
and l\_\_st\_\_ning for traffic wh\_\_le you cr\_\_ss.

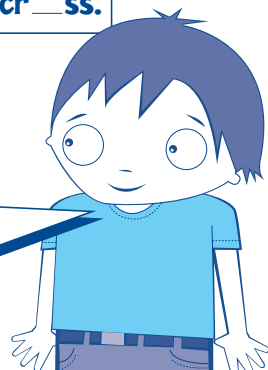


2. Now colour your pictures.

**EXTRAS**

Design a poster to make  
other children use the  
Green Cross Code.

**REMEMBER**  
Think, Stop,  
Look, Listen.



Name: \_\_\_\_\_

Date: \_\_\_\_\_

## TASK

1. Cut out the 6 steps of the Green Cross Code.
2. Stick them under the right picture.
3. Colour each picture in.

**AIM:**  
You are going to learn about the Green Cross Code.



<p><b>1</b></p> <p>_____</p>	<p><b>2</b></p> <p>_____</p>
<p><b>3</b></p> <p>_____</p>	<p><b>4</b></p> <p>_____</p>
<p><b>5</b></p> <p>_____</p>	<p><b>6</b></p> <p>_____</p>



## EXTRAS

Design a poster to make other children use the Green Cross Code.

**REMEMBER**  
Think, Stop,  
Look, Listen.



**Look and listen.** When it is safe, walk straight across the road.

**Stop.** Stand on the pavement near the kerb.

**Wait until it is safe to cross.** If traffic is coming, let it pass.

Use your eyes and ears. Look all around for traffic and listen.

Arrive alive. Keep looking and listening for traffic while you cross.

Think first. Find the safest place to cross then stop.

Name:

Date:

## TASK

1. Cut out the 6 steps of the Green Cross Code.
2. Stick them on in the right order.
3. Draw a picture of each step and colour them in.



**AIM:**  
You are going to learn  
about the Green Cross Code.

<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>



## EXTRAS

Design a poster to make other children use the Green Cross Code.

**REMEMBER**  
Think, Stop,  
Look, Listen.



Look and listen. When it is safe, walk straight across the road.

Stop. Stand on the pavement near the kerb.

Wait until it is safe to cross. If traffic is coming, let it pass.

Use your eyes and ears. Look all around for traffic and listen.

Arrive alive. Keep looking and listening for traffic while you cross.

Think first. Find the safest place to cross then stop.

# Pupil Activities Answers

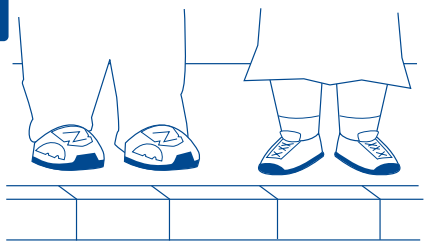
**AIM:**  
You are going to learn  
about the Green Cross Code.

**1**



**Think first. Find the safest place to cross then stop.**

**2**



**Stop. Stand on the pavement near the kerb.**

**3**



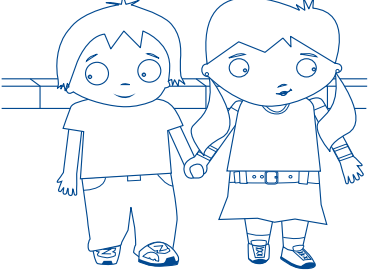
**Use your eyes and ears. Look all around for traffic and listen.**

**4**



**Wait until it is safe to cross. If traffic is coming let it pass.**

**5**



**Look and listen. when it is safe, walk straight across the road.**

**6**



**Arrive alive. Keep looking and listening for traffic while you cross.**

**REMEMBER**  
Think, Stop, Look, Listen.

