



Teachers' Notes

Curricular links to Health Education 5-14 National Guidelines and RSE Guidelines

Attainment outcome: Taking responsibility for health

LEVEL A

STRAND	ATTAINMENT TARGET	RSE GUIDELINES
<p>Emotional health This strand explores emotions, feelings and relationships and how they affect our mental wellbeing.</p>	Recognise that their family and other special people in their lives care for them and help them.	Holding hands.

Teaching Background Information

- ➔ Holding hands with a known adult is the main road safety rule for under fives and they need constant reminders.
- ➔ Pupils should understand that this means staying close to the grown-up on the pavement, as well as when crossing the road.
- ➔ It isn't always possible for a parent to hold a child's hand, especially if there is shopping to carry or a pram to push. As a last resort children can hold on to straps, handles or bags instead.
- ➔ If you carry out the **Parent/Guardian Information and Task Sheet**, you may want to order copies of the following leaflets to give out to parents/guardians:
 - ➔ *Children as Pedestrians: A Guide for Parents* (SRSC).
 - ➔ *Get Across Road Safety: An Essential Guide for Parents with Children in the Age Zone 0-6* (DfT).

Useful Websites

www.hedgehogs.gov.uk/arrivealive/walking/walking2.htm





Suggested Lesson Plan

Aims

- ➔ To encourage children to stay close to a known adult and hold hands when walking on the pavement and crossing the road.

Learning Outcomes

- ➔ Understand the importance of holding an adult's hand when on the pavement or crossing a road.
- ➔ Show ways of staying with an adult if it is not possible to hold hands.

Resources

- ➔ Sheet A2a – “What can you see in the picture?”
- ➔ Worksheets A2b, c – Holding Hands.
- ➔ Sheet A2d – Holding Hands.
- ➔ Parent/Guardian Information and Task Sheet.
- ➔ Gym Card 2: Physical Activity A2 – Holding Hands.
- ➔ Leaflets for Parents:
 - ➔ *Children as Pedestrians: A Guide for Parents* (SRSC).
 - ➔ *Get Across Road Safety: An Essential Guide for Parents with Children in the Age Zone 0-6* (DfT).

Suggested Timing

- ➔ 45 minutes.

Suggested Lesson Plan



Suggested Development of Lesson

- ➔ Gather pupils together and discuss “What do we use our hands for?”
- ➔ Hold up Sheet A2a showing the picture “What can you see in the picture?”. Ask the pupils to say what they see. Draw attention to the boy holding his dad’s hand and to the boy’s position on the pavement, away from the road.
- ➔ Ask the children to recall scenarios when they have held hands.
- ➔ Ask the children whose hands they normally hold when crossing the road or walking on the pavement and give their reasons why.
- ➔ Teacher should explain the importance of holding a known adult’s hand when walking on the pavement and crossing the road.
- ➔ Ask the pupils when it is difficult to hold hands (e.g. when mum has a lot of shopping to carry). Ask what they can do instead (e.g. reins or wrist straps for younger children). Children are most likely to remember suggestions they have thought out for themselves.
- ➔ Introduce and explain Worksheet A2b.
- ➔ Allow time to complete.
- ➔ Introduce and explain Worksheet A2c.
- ➔ Allow time to complete.
- ➔ Teach pupils the song “This is the way we all hold hands” on Sheet A2d.



Assessment

- ➔ Correct completion of Worksheets A2b and c.

Curricular Links

- ➔ English Language – Talking: Talking about experiences, feelings and opinions.
- ➔ English Language – Listening: Listening in groups.

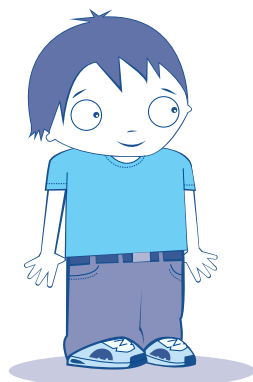


Suggested Lesson Plan

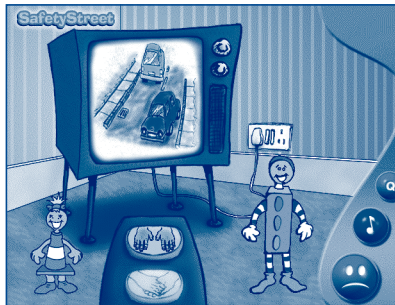
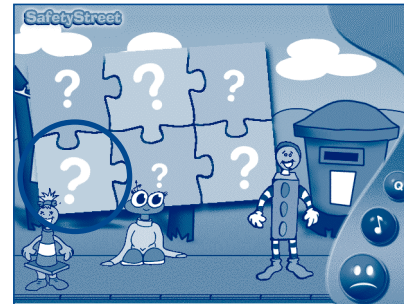
Follow-up/Homework Activities



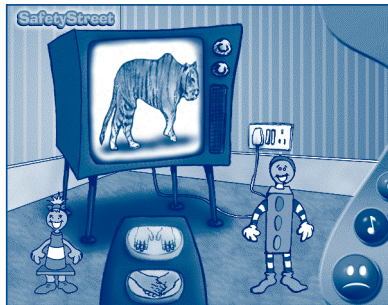
- ➔ Gym Card 2: Physical Activity A2 – Holding Hands.
- ➔ Parent/Guardian Information and Task Sheet. You may decide to hand out leaflets to parents, in addition to the activity.
- ➔ Safety Street CD-ROM – See Safety Street sheet for details (on following page).
- ➔ Make a wall frieze using hand prints in traffic light colours (red, yellow and green). Show the hands linking together.
- ➔ Playing circle games will encourage the pupils to hold hands e.g. 'ring 'o' roses'.
- ➔ In pairs role play walking to school safely, walking to the shops safely and walking in the playground. Look out for the children holding hands in all of the role play situations except the last.
- ➔ Make a hand chain frieze. Cut out some adult-sized hand prints and alternate them with the children's prints to reinforce holding hands with an adult.
- ➔ Make some paper doll chains using paper in concertina form. Draw doll figures and cut them out. Spread out to reveal the figures holding hands.



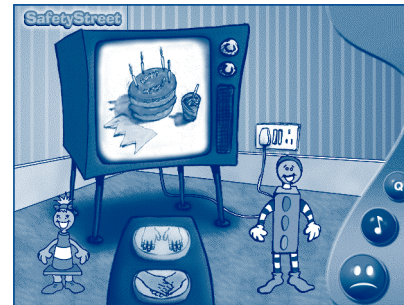
Safety Street Primary 1 and 2



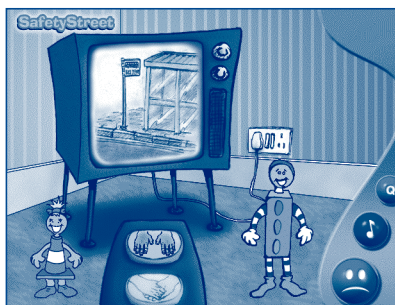
Walking to school
YES



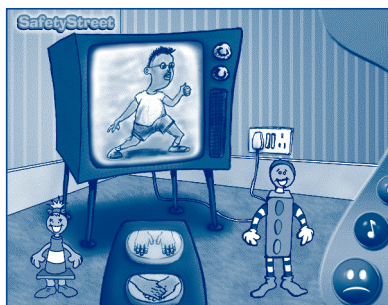
At the zoo
NO



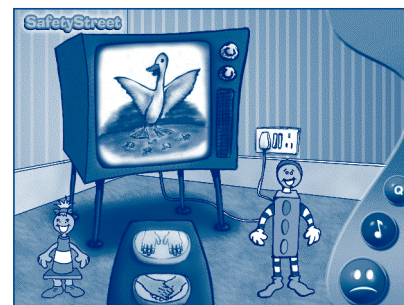
At a friend's birthday party
NO



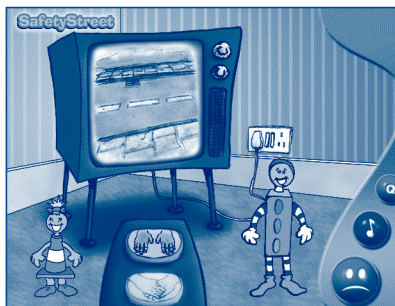
Waiting for the bus
YES



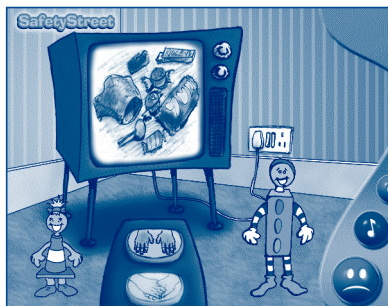
Running on the school field
NO



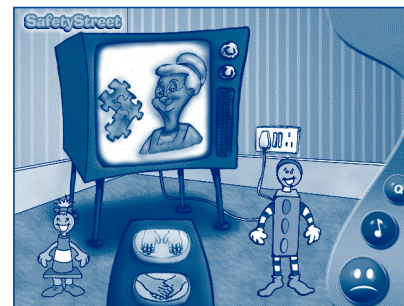
Feeding the ducks
NO



Crossing the road
YES



Going to buy sweets
YES



Helping Gran
NO

Homework for Parents



Dear Parent/Guardian,

Today your child has been involved in class activities to do with holding hands. Your child should know that holding hands with a known adult, when walking on the pavement, is a very important road safety rule.

The next time you are out walking with your child, please talk to them about why it is important to hold hands and encourage your child to do so.

Your child may know the words of the song below and you will no doubt recognise the tune. Have fun singing the song with your child and making up your own actions.

This Is The Way We All Hold Hands

(Sing to the tune of 'Here We Go Round the Mulberry Bush')

This is the way we all hold hands
All hold hands, all hold hands
This is the way we all hold hands
To keep us safe today.

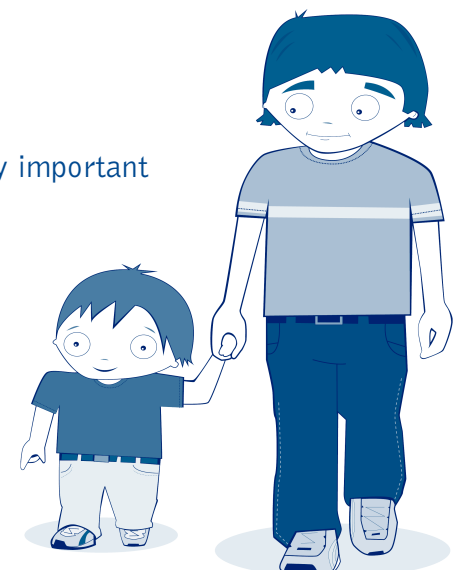
This is the way we wave our hands
Wave our hands, wave our hands
This is the way we wave our hands
To say bye bye today.

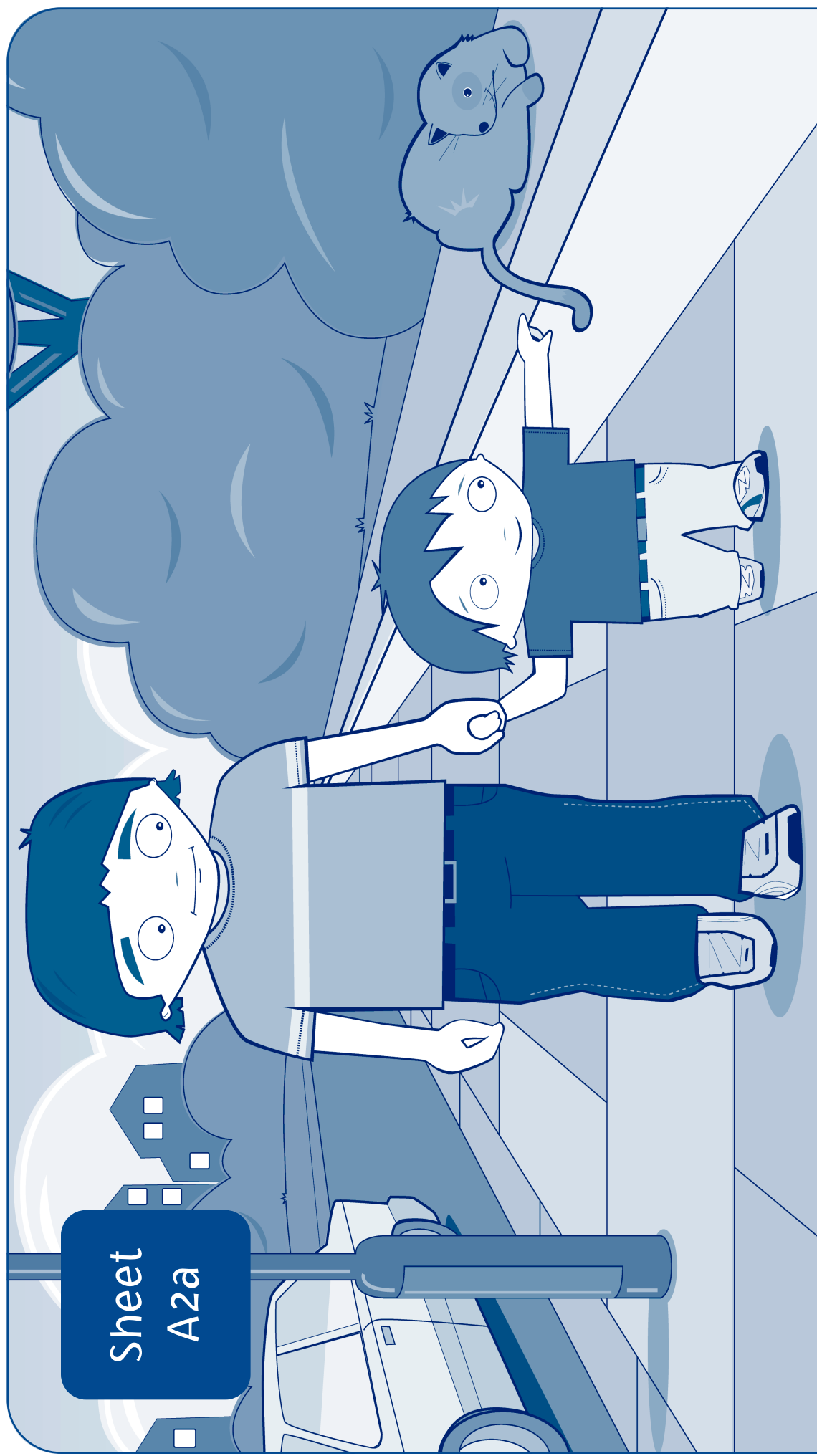
This is the way we shake our hands
Shake our hands, shake our hands
This is the way we shake our hands
To say hello today.

This is the way we all hold hands
All hold hands, all hold hands
This is the way we all hold hands
To keep us safe today.

This is the way we wash our hands
Wash our hands, wash our hands
This is the way we wash our hands
To keep them clean today.

Thank you for your support and help in reinforcing this very important road safety message.





What can you see in the picture?

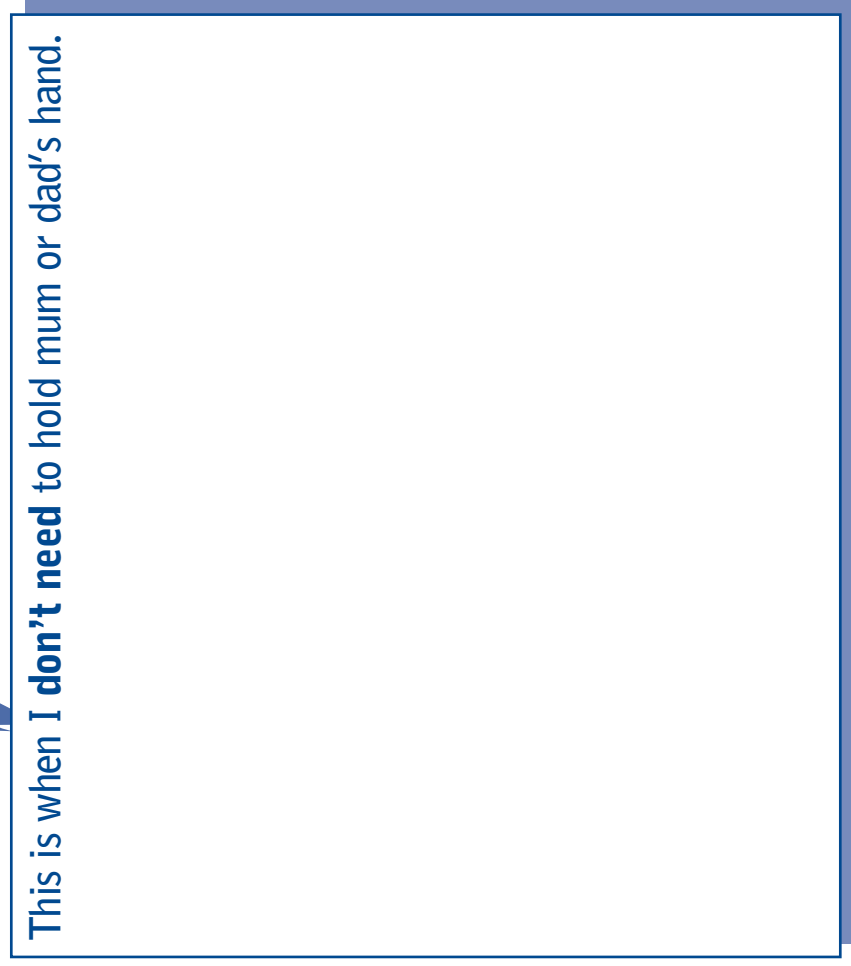
Name:

Date:

TASK 1. Draw pictures in the spaces.



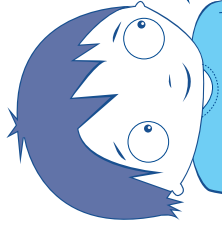
This is when I **need** to hold mum or dad's hand.



This is when I **don't need** to hold mum or dad's hand.



2. Now colour your pictures.

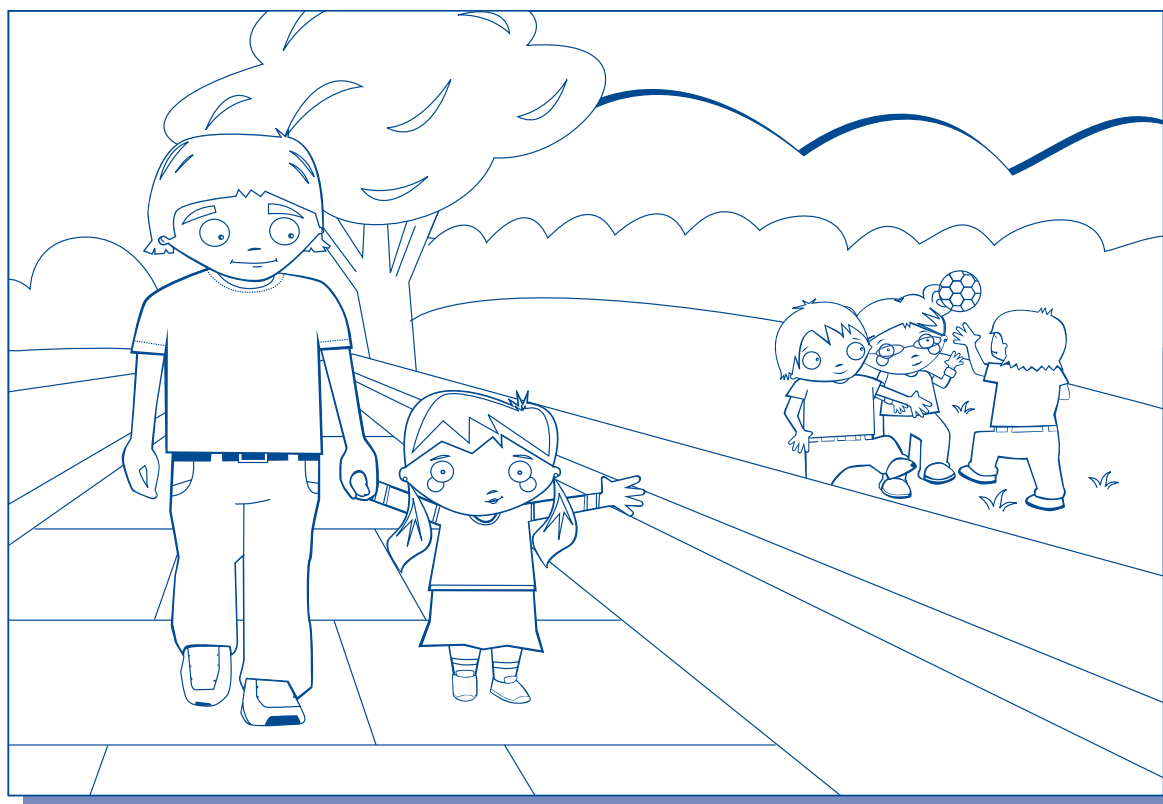


Remember to **always hold hands**
when you are near roads.

Name:

Date:

TASK Look at the picture and answer the questions.



1. How many children are in the picture?

2. How many children in the picture are holding hands?

3. Finish the sentence. I hold hands with my mum or dad when

.....

.....



4. Colour the picture.

**Remember to always hold hands
when you are near roads.**





Song

This Is The Way We All Hold Hands

(Sing to the tune of 'Here We Go Round the Mulberry Bush'.)

This is the way we all hold hands
All hold hands, all hold hands
This is the way we all hold hands
To keep us safe today.

This is the way we wave our hands
Wave our hands, wave our hands
This is the way we wave our hands
To say bye bye today.

This is the way we shake our hands
Shake our hands, shake our hands
This is the way we shake our hands
To say hello today.

This is the way we all hold hands
All hold hands, all hold hands
This is the way we all hold hands
To keep us safe today.

This is the way we wash our hands
Wash our hands, wash our hands
This is the way we wash our hands
To keep them clean today.

